



**APPLICATION FOR UNLOCKING THE POWER OF SRI SUKTA: 12-DAY ADVANCED GROUP PRACTICE
AND STUDY INTENSIVE AT HIMALAYAN INSTITUTE INDIA, KHAJURAHO
WITH PANDIT RAJMANI TIGUNAIT
FEBRUARY 15-29, 2020**

The Unlocking the Power of Sri Sukta: 12-Day Advanced Group Practice and Study Intensive ("Intensive") with Pandit Rajmani Tigunait, PhD, include the opportunity for continuing spiritual practice at Himalayan Institute India at Khajuraho ("HII Khajuraho") and the Sri Vidya Shrine. Your Group Practice and Study Intensive is by advance application and prior approval by Himalayan Institute of Yoga Science and Philosophy of the USA ("Group Practice and Study Intensive Organizer").

The Group Practice and Study Intensive is focused on spiritual practice. There will be time for study, appointments for spiritual guidance or initiation into the Himalayan Tradition, reading, journaling, walks in nature, and contemplation.

The Terms and Conditions outlined below are made a part of this Application for the Group Practice and Study Intensive ("Application"). Each person registering must complete an Application. A deposit of \$850 is required with this Application. Upon approval, **the balance is due by the specified deadlines in order to receive the stated rate. Land Only rates expire on the dates indicated below. If any balance is not paid by the date indicated, the rate increases to the next higher rate level.** If Application is made within the late registration period, full payment is required with the Application upon confirmation of space.

Please read the Group Practice and Study Intensive Terms and Conditions section in its entirety, paying specific attention to the sections regarding Off-Campus Activities, Dress and Conduct, Emotional Relationships, and Quiet Times.

Group Practice and Study Intensive Terms and Conditions

RESERVATIONS: Application for an Group Practice and Study Intensive does not ensure participation. For this reason, it is inadvisable to purchase airline tickets until you've received written confirmation from Group Practice and Study Intensive Organizer that you have been accepted into the selected Group Practice and Study Intensive. **Full payment in U.S. Dollars** for the Group Practice and Study Intensive must be postmarked and paid in full by the dates indicated to receive the specified rates. Rates indicated are per person based on shared accommodations. Reservations requested and/or postmarked after the regular registration period will be processed on a space available basis. Late registration rate must be paid in full when space is confirmed. Reservations are not considered complete until a signed Application and deposit are received. After the close of a registration period, any balance not paid by said date reverts to the next higher rate level.

An \$850 deposit will secure space in the order received. Registration is contingent upon receipt of a fully completed, signed Application as noted in "**Rates.**" Deposits and payments are not transferrable. If the Group Practice and Study Intensive is full, deposits and Applications will be accepted on a wait-list basis in the order received. If space becomes available, you will be notified and your registration will be confirmed. Should you decline an offered space, the deposit, per the terms of the cancellation policy, will be forfeited. If space does not become available, your deposit will be refunded.

RATES: Land Only rates do not include international and domestic air or train. Participants are responsible for getting to the starting point of the Group Practice and Study Intensive (Khajuraho) on the date the Group Practice and Study Intensive begins. The rate for the Group Practice and Study Intensive is per person and includes shared accommodations, lacto-ovo vegetarian meals, and scheduled group activities as outlined in the itinerary. Single/private accommodations cannot be guaranteed in advance of your stay and, if available, will incur additional fees. Also see "Accommodations".

LAND ONLY SADHANA GROUP PRACTICE AND STUDY INTENSIVE RATES (14 nights/15 days at HII Khajuraho)

Spring 2020: FEBRUARY 15-29, 2020

Regular: \$2,495 (May 1 –October 31, 2019)

Late: \$2,695 (November 1, 2019 – February 1, 2020)

(late registration is on a space-available basis; full payment is required when space is confirmed)

GROUP PRACTICE AND STUDY INTENSIVE RATE INCLUDES: Accommodations: Shared accommodation in studio (up to 3 people) or apartment style rooms (4-6 people) with shared en suite bath at HII Khajuraho. Group Practice and Study Intensive Organizer reserves the right to substitute accommodations as it deems necessary. Sheets, pillow and case, one (1) thin wool blanket and one (1) thick wool blanket, one (1) Indian-style towel, and mosquito nets are provided (seasonally). If you are coming without a roommate and you snore, please let us know when you register, so that we can help you make the best arrangements. **Solo travelers:** If you are traveling alone, we will assign roommate(s) of the same gender. **Meals:** Breakfast, lunch, and dinner during the Group Practice and Study Intensive at HII Khajuraho. All meals are lacto-ovo Indian vegetarian. Consult in advance with the Group Practice and Study Intensive Organizer about health-related special dietary needs, however, HII Khajuraho is unable to ensure meals for special dietary needs at this time. **Khajuraho Transfers:** Pick-up/drop-off at Khajuraho Airport by HII Khajuraho (must be arranged in advance). Portage will be provided for one (1) duffel bag or suitcase and one (1) carry-on size bag per person, at owner's risk. Charges may apply for portage of additional baggage.

GROUP PRACTICE AND STUDY INTENSIVE RATE DOES NOT INCLUDE: International or domestic airfare or train; passports; visas; inoculations; meals or other expenses while in transit between departure airport and arrival at HII Khajuraho; pick-up or drop-off at the Khajuraho train station or at times other than the scheduled group airport pickup and dropoff; transfers not otherwise noted herein; additional expenses for late arrivals or early departures; laundry; bottled water or beverages; cover charges; baggage or other airline fees or service charges; excess baggage charges; entrance fees; camera or video use fees charged by monuments or sites; accident, trip cancellation/interruption, and baggage insurance; medical treatment/emergency rescue expenses or insurance; expenses for guides, transportation, or deviations not included in the Group Practice and Study Intensive; gratuities and taxes for personal services and purchases; toilet paper while at HII Khajuraho; any items of a personal nature; and any other item not heretofore specifically listed as included.

CHANGES: The Group Practice and Study Intensive rate is based on rates of exchange and tariffs in effect at the time of publication and is subject to adjustment. Changes to the Group Practice and Study Intensive are not anticipated, however, Group Practice and Study Intensive Organizer reserves the right to make any changes that it determines are necessary, with or without advance notice. Changes of Group Practice and Study Intensive will not result in a refund of any portion of the Group Practice and Study Intensive rate. In the event of any change in rates of exchange, tariffs, or Group Practice and Study Intensive that result in additional costs, these additional costs must be paid by the participant before departure or as soon as the change becomes known.

REVISION FEES: If changes are requested by participant after deposit is received, revision fees and/or cancellation fees will apply. A fee of \$95 per transaction will be charged by the Group Practice and Study Intensive Organizer for any alteration or revision made to an Application. Any revision to an Application may result in the loss of confirmed reservations or increased rates and costs which will be payable by the participant. **A change of Group Practice and Study Intensive dates will be treated as a cancellation and a new Application will be required; cancellation and administrative fees apply.**

CANCELLATIONS/REFUNDS: All requests for cancellation must be submitted in writing to the Group Practice and Study Intensive Organizer. Your cancellation date will be the date on which we receive your written notice. Allow 30 days for refunds to be processed. Regardless of the reason, cancellations of confirmed reservations or transfers to new Group Practice and Study Intensive dates result in additional costs and processing time for the Group Practice and Study Intensive Organizer. **A \$95 administrative fee plus the following charges will be assessed for cancellation:**

Up to August 15, 2019	\$500
August 16 – October 31, 2019	\$850
November 1 – December 17, 2019	50% of total Group Practice and Study Intensive rate per person
December 18, 2019 - Jan 16, 2020	75% of total Group Practice and Study Intensive rate per person
January 17, 2020 to start date and no shows	100% of total Group Practice and Study Intensive rate per person

If the participant arrives late or leaves the Group Practice and Study Intensive prior to its conclusion, refunds will not be made for the unused portion of the Group Practice and Study Intensive. No refunds will be made for any meal or other scheduled activity that the participant misses or decides not to take for any reason. **Refunds will not be made for cancellations due to accident, illness, or life events. It is strongly recommended that participants purchase trip cancellation insurance to protect you from cancellation fees, lost baggage, and medical assistance and/or medical evacuation in the case of an emergency.** The Group Practice and Study Intensive Organizer reserves the right to cancel any Group Practice and Study Intensive prior to departure and/or arrival. If such cancellation is not due to circumstances beyond the Group Practice and Study Intensive Organizer's control, such as war, etc. as set forth below, the Group Practice and Study Intensive Organizer will refund all payments participant made to Group Practice and Study Intensive Organizer, constituting full settlement with the participant. No compensation or refund will be made when cancellation arises before or during the Group Practice and Study Intensive from circumstances beyond our and/or our suppliers' control (force majeure) such as war, strife, civil disobedience, terrorist activity, adverse weather conditions, fire, natural disasters, etc. In the event of cancellation arising from circumstances beyond our control as set forth above, Group Practice and Study Intensive -related sums recovered by the Group Practice and Study Intensive Organizer will be disbursed equitably to the participants after the Group Practice and Study Intensive Organizer deducts all out-of-pocket costs and related expenses. The Group Practice and Study Intensive Organizer is not responsible for expenses, including but not limited to lodging, meals, and transportation, incurred for delays and/or detainments beyond the Group Practice and Study Intensive as a result of circumstances beyond our and/or our suppliers' control such as war, etc. as set forth above.

NATURE OF PROGRAM: The program is a Group Practice and Study Intensive focused on deepening one's spiritual practice. Participants are strongly discouraged from starting the Group Practice and Study Intensive late or leaving the Group Practice and Study Intensive early.

Portions of the Group Practice and Study Intensive could be considered rustic and rigorous and are best approached with a spirit of openness and adventure. **Each participant is advised to consult with his or her medical specialist prior to departure and must advise the Group Practice and Study Intensive Organizer in advance in writing of any condition that may require attention during the Group Practice and Study Intensive,** so the participant, with the assistance of the Group Practice and Study Intensive Organizer, can make the necessary arrangements. Participants with a disability requiring special assistance are advised that the Americans with Disabilities Act is not applicable outside of the United States and facilities outside the United States for disabled individuals are limited, if available. Portions of the Group Practice and Study Intensive may involve lengthy periods of standing, sitting, climbing stairs, hiking, or walking on unpaved surfaces. Persons requiring assistance must be accompanied by a companion who is capable of and responsible for providing all the assistance needed (normal Group Practice and Study Intensive rates apply for the companion).

Smoking is not permitted in buses or other vehicles, at meals, in hotel rooms, Himalayan Institute buildings, eco-cottages or tents, or during lectures, workshops, or practicums, whether held indoors or outside.

DRESS AND CONDUCT: Conservative, modest, loose-fitting attire is appropriate for your stay in India and at HII Khajuraho. Due to cultural customs in India, Group Practice and Study Intensive Organizer asks women to refrain from wearing shorts of any length, capris shorter than ankle length, tops with spaghetti straps, halter tops, tank tops, plunging necklines or backs; form-fitting clothing; and short skirts or miniskirts. Men are asked to refrain from wearing muscle shirts. Shirts and footwear must be worn outside. Outside shoes are to be removed before entering the Shrine and other Institute buildings. Shoes or slippers designated for indoor use are to be worn in the Main Building and the Guest House. No shoes are to be worn in the Sri Vidya Shrine.

Use of alcohol and illicit drugs is strictly prohibited. HII Khajuraho is a smoke-free campus. Smoking is only permitted in a designated outside area. **Violation of these policies is subject to immediate dismissal from campus and the Group Practice and Study Intensive.**

Earphones must be used with all electronic or other devices with audio capability.

QUIET HOURS: Quiet hours are observed daily between 9:30 p.m. and 8:00 a.m. During those hours, kindly observe silence or speak briefly in a whisper so that other's practice is not disturbed.

EMOTIONAL RELATIONSHIPS: In an effort to help you avoid distraction and to concentrate your energy fully on your quest for self-discovery, we strongly recommend that you refrain from forming intense emotional relationships during your Group Practice and Study Intensive. Such relationships divert energy from your inner focus, change your Group Practice and Study Intensive, and change someone else's Group Practice and Study Intensive as well.

OFF-CAMPUS ACTIVITIES: We have found that changing from a hectic daily routine to a quiet, meditative lifestyle takes time. To enhance that process, it is best to have as few distractions as possible. To minimize distractions, and to help maintain inner focus, it is suggested that except for scheduled off-campus Group Practice and Study Intensive activities, a participant remain on campus for the first 7 days of a Group Practice and Study Intensive. Thereafter, it is helpful to limit off-campus trips for necessities. This gives you the opportunity to participate more fully in the Group Practice and Study Intensive so you will gain the maximum benefit. Departures from campus for non-scheduled activities require signing out at the front gate.

CURFEW: It is not advisable to be off campus before sunrise or after dusk given the remote location of the HII Khajuraho campus. For your safety when going off campus for non-scheduled activities, those on Group Practice and Study Intensive are asked to return to campus no later than dusk. This curfew is in effect whether hiking locally or going to town by taxi in a registered, licensed vehicle. When leaving campus for non-scheduled activities, it is advisable that 3-4 individuals make the journey together with at least

one man per group of women, if possible. Group Practice and Study Intensive Organizer and Group Practice and Study Intensive Organizer's local staff or representatives shall not be held liable for any assistance provided for non-scheduled activities.

WHAT TO BRING: Temperatures range from the 40s F (4C) to the high 90s and low 100's (32-37°C) depending on the time of year. Few accommodations in India have air-conditioning or heat, and electricity is unreliable, so plan accordingly. The Group Practice and Study Intensive Organizer recommends that each participant bring a sleeping bag during the winter season, writing paper, pens, a flashlight, a hat, sunscreen, gloves, a sweater, a warm jacket or coat, socks, footwear designated for indoor use, toilet paper; personal toiletries; and sturdy, comfortable shoes for walking/trekking. A small, frameless day pack and a duffel bag which can accommodate a sleeping bag are suggested. A full packing list will be provided. Participant is responsible for determining baggage and weight limitations for all airlines utilized. Airlines may allow more than one piece of luggage per person. **The Group Practice and Study Intensive Organizer limits luggage to one duffel bag or suitcase per person and one carry-on size bag per person. Additional charges may apply for if the participant requires Porterage for additional luggage.** Luggage may be carried within India on tarpaulin-covered roof racks or open trucks. Weather and loading and unloading can cause more than usual wear and tear to luggage. Accordingly, all luggage should be capable of withstanding rain and rugged treatment.

PASSPORT AND VISA: Each participant is responsible for determining specific passport and visa requirements in the participant's country of origin and for obtaining the necessary documents prior to departure. Passport and India tourist visa must be obtained in advance before booking and purchasing airline tickets. Passports must be valid for at least 6 months beyond the Group Practice and Study Intensive return date. It is advisable to have a minimum of 3 blank pages in the back of your passport. Group Practice and Study Intensive Organizer is not responsible if you are refused entry to a country due to incorrect passport, visa, or other required documentation. **Passport/visa/emergency contact information must be provided in advance of a Group Practice and Study Intensive.**

LANGUAGE: All scheduled lectures, workshops, satsanga, and other presentations will be in English.

PHOTOGRAPHS/VIDEO: Representatives of the Group Practice and Study Intensive Organizer may be photographing and video/audio recording portions of the Group Practice and Study Intensive. The Group Practice and Study Intensive Organizer reserves the right to use any such photographs and video/audio recording in its advertising, displays, publicity materials, and publications without obtaining further consent from any participant. Each participant releases the Group Practice and Study Intensive Organizer and its representatives from any liability in connection with any such use of such photographs and video recording.

Photography and video/audio recording by Group Practice and Study Intensive participants is not permitted during any Group Practice and Study Intensive lectures, workshops, practicums, or special events.

RELEASE/RESPONSIBILITY: The participant, by signing this Application for Sadhana Group Practice and Study Intensive, agrees that the Group Practice and Study Intensive Organizer and its representatives, except for their gross negligence or willful misconduct, shall not be held liable for any injury, damage, loss, delay or irregularity that may be occasioned for any reason, including, but not limited to, any defect in a vehicle, the acts or default of any company or person engaged in conveying a participant, acts of God, terrorism, acts of war, or detention; delays or expenses arising from quarantine, strikes, thefts, pilferage, force majeure, civil disturbances, government restrictions or regulations; accidents by aircraft, boat, bicycle or motor vehicle, or in any hotel, inn, restaurant, accommodation or camp; failure of any means of transportation to arrive or depart as scheduled or changes in transit, hotel, inn, guest house or camping services; missed airline or other transport connections; or for additional expenses resulting from changes in exchange rates, tariffs, or itinerary. The participant agrees to assume all risks associated with the Group Practice and Study Intensive and agrees that no liability will attach to the Group Practice and Study Intensive Organizer, its employees or agents, or to any member of the Group Practice and Study Intensive in respect of death, personal injury, illness or delay of the passenger, or for any loss of or damage to the property (including luggage) of the participant during the course of the trip, howsoever caused.

By signing this Application, the participant releases the Group Practice and Study Intensive Organizer and its representatives from any such responsibility or liability, except as hereinabove set forth.

The liability of common carriers is generally limited and, therefore, it is suggested that participants purchase their own cancellation, property damage (including luggage), accident, and medical treatment/emergency rescue insurance.

The Group Practice and Study Intensive Organizer reserves the right to accept or reject any Group Practice and Study Intensive participant at any time, without liability, and in the event it determines, in its sole and exclusive discretion, that a participant is not suitable for the Group Practice and Study Intensive or is disruptive to the harmony of the Group Practice and Study Intensive it may dismiss such participant from the Group Practice and Study Intensive without any obligation to pay a refund or any other amount whatsoever. The Group Practice and Study Intensive Organizer may elect to exclude any dismissed participant from future offerings. The Group Practice and Study Intensive Organizer will have no responsibility or liability for any participant who leaves the Group Practice and Study Intensive prior to its conclusion or for any activity undertaken by any participant which is not included on the Group Practice and Study Intensive program.

I have read and understand the foregoing Application for Sadhana Group Practice and Study Intensive and Terms and Conditions and, by making my advance payment as set forth below, agree to the terms thereof. I understand that violation of the Group Practice and Study Intensive policies is cause for immediate dismissal from the campus and the Group Practice and Study Intensive.

LAND ONLY GROUP PRACTICE AND STUDY INTENSIVE RATES (14 nights/15 days at HI Khajuraho): FEBRUARY 17-MARCH 3, 2018

- ✓ **Check one:** Two recent passport size photos of me are enclosed. My high resolution passport photo will be emailed to Excursions@HimalayanInstitute.org
✓ **Check one:** Copies of the photo/signature pages of my passport, and India visa will be provided. Copies of my valid passport and visa have been provided.

Please reserve my Group Practice and Study Intensive at HII Khajuraho.

_____ Date _____

Signature (required)

(PLEASE PRINT)

Name _____

Male Female

(Full name as it appears on passport)

(Circle one)

Address _____

City/State/Zip/Postal Code _____

Country _____ Occupation _____ Date of Birth: _____

(Mm/dd/yyyy)

Telephone: Days _____ Evenings _____

Mobile #: _____ Email: _____ initial giving permission to email

Payment is due in U.S. dollars and may be made by check, money order, or credit card. Payment by check or money order helps to support Himalayan Institute global humanitarian projects. If Application is made within the late registration period, full payment is required with Application upon confirmation of space.

Enclosed is my check # _____ money order (U.S. funds only) in the amount of \$ _____ as deposit payment in full for my Sadhana Group Practice and Study Intensive in Khajuraho, India. **Make check or money order payable to HIMALAYAN INSTITUTE.**

OR

Charge my MasterCard VISA American Express Discover card in the amount of \$ _____ as deposit payment in full for my Sadhana Group Practice and Study Intensive.

(PLEASE PRINT)

Name: _____ 3 or 4 digit CV # (from front or back of credit card) _____

(as it appears on credit card)

(Credit Card Number)

Expiration Date (mm/yyyy)

Signature (required on credit card orders)

Complete, sign, and return all pages of the Application for Sadhana Group Practice and Study Intensive with your payment to: Himalayan Institute Excursions, Attn: Alat Shanti Tigunait, Spiritual Excursions, 952 Bethany Turnpike, Honesdale, PA 18431. A confirmation will be sent to you upon acceptance, acknowledging receipt of your payment. **RETAIN A COPY OF YOUR COMPLETED APPLICATION FOR YOUR RECORDS.**