

PureRejuv Wellness Center COVID-19 Update June 12, 2020

The PureRejuv Wellness Center is pleased to announce that we are reopening on June 12th. Appointments for chiropractic care, integrative medicine, ayurvedic health consultations, yoga therapy, biofeedback, and relaxation and meditation sessions are now available. You can also request to be placed on a waitlist for massage therapy as we expect to resume these services on July 10th.

In addition, the PureRejuv Wellness Center is open once again for our many Wellness Retreats such as Pause and Renew, Finding Center, Pancha Karma, and PureRejuvenation. We invite you to visit our <u>Wellness Retreats web page</u> to see all of the Wellness Retreats offered by PureRejuv and a listing of upcoming dates.

Recognizing that we all have a shared responsibility to follow best practices for everyone's health and peace of mind, we've now implemented extensive safety protocols for our PureRejuv guests, wellness providers, and support staff. These detailed safety protocols, prepared in accordance with federal, state, and local public health agencies, are noted below.

Our Shared Responsibilities

The coronavirus pandemic forced us to isolate for an extended period of time. We are now able to interact again with new guidelines in place. The last few months have made us realize how interconnected we are, and together we can create a healthy and enjoyable environment. Our commitment to each other is essential.

Our Promise to You:

- We will maintain thorough cleaning, sanitizing and ventilation protocols throughout our building.
- We will require Wellness Checks for all staff and clients.
- We will wear face masks.
- We will follow physical distancing guidelines.
- We will provide hand sanitizer stations and lots of soap and water to wash hands frequently.
- We will continue to offer excellent holistic care.

Your Promise to Us:

- You will follow our guidelines to keep our center as healthy and safe as possible.
- You will wash your hands frequently and use hand sanitizer if needed.
- You will wear your face mask.
- You will follow social/physical distancing guidelines.



- You will be kind and patient as we all navigate new ways of being together.
- You will cancel/reschedule your appointment:
 - o if you are ill
 - o if you have been exposed in the last 14 days to anyone with COVID-19, or been exposed to an area with COVID-19 outbreaks or rapidly rising cases
 - o if you have travelled internationally in the last 14 days

Summary of Changes for Clients:

- Please call, rather than walking in, to make appointments.
- Parking Lot Waiting Room
 - We ask that you text us at (570) 647-1500 upon arrival for your appointment. We will invite you in when your clinician/therapist is ready for you. Please remain outside until we ask you to enter. This minimizes exposure of clients to each other.
- Wellness Checks
 - You will be sent a link to an online Wellness Check questionnaire via email 1-2 days prior to your appointment. Please fill out the questionnaire and click on "Submit"; we will have it on file for your chart. If you are unable to complete the Wellness Check questionnaire online, our reception staff will call you the day before your appointment and review the questions with you.
 - At your appointment, we will perform a touchless temperature check on your arrival, and review the answers to the Wellness Check questionnaire.
 - Our questionnaire also acts as a waiver of liability for any risk to you of contracting COVID-19 while being in the PureRejuv Wellness Center, and gives us permission to contact you as needed for COVID-19 contact tracing.
- We will offer cash-free methods of payment.
- We ask that you follow best practices for safe and hygienic travel on your way to and from the PureRejuv Wellness Center.
 - https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html

Our PureRejuv health and wellness providers and support staff look forward to serving you again in-person and providing you with quality care to help restore and maintain optimal health. Please call us at (570) 647-1500 with any questions or to book your appointment.