

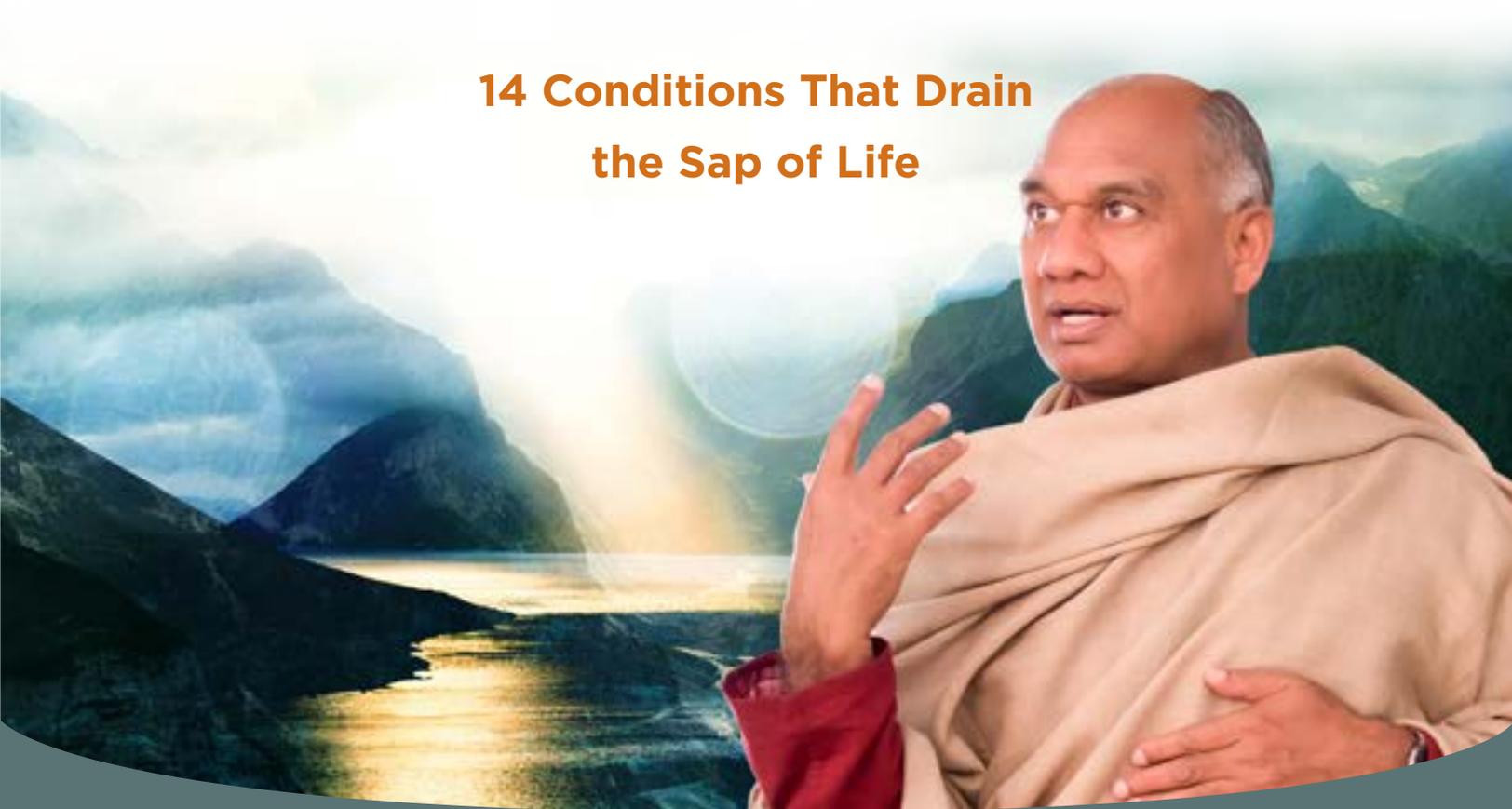


# Maha Pushti Yaga Distilling the Elixir of Sri Chakra

with

Pandit Rajmani Tigunait, PhD  
July 10-19, 2020

**14 Conditions That Drain  
the Sap of Life**



1





## 14 Conditions That Drain the Sap of Life

1 – Bhuta Past; ghost; dead. Present being haunted by useless memories of the past; dwelling on the memories of people and things that are already dead.

**a.** Shunya – suffering from emptiness, loneliness, purposelessness; failure to get out of inner emptiness; failure to find purpose; filling the present with meaningless content of the past; inability to bring grieving to an end; inability to rise above the feelings of regret and revenge.

**b.** Kupa – well; cell; pit; filling the spaces of our body, mind, and senses—cells, tissues, and organs of our body—with unwanted waste matter; engaging oneself in dumping our foul thoughts, speech, and actions in others’ and our own spaces mindlessly and recklessly

**c.** Ekavriksha – a lonely tree; a tree standing independently; a tree without any interaction with other trees; a tree that fails to associate with the rest of the trees in the garden of relationships. Spending our time and resources to fertilize and irrigate the tree of life with the toxic materials of the past.

**d.** Chattvara – crossings; being caught in the crosscurrents of one’s past conditionings while trying to make a decision about the future course of life.

2 – Yaksha Unmanageably distorted power of mind that creates hallucinations; strongest trait of one’s personality; deep-rooted habits; tendencies that block the perceiving power of buddhi, forcing us to perceive things in a distorted way; uncontrolled behaviors; obsessions; compulsive behaviors; sinicism; psychological forces and their functions beyond one’s conscious control; attachment so strong and so pervasive that the person does not even realize that he is seeing things through the lens of attachment and thus doesn’t realize that there is any problem.



## 14 Conditions That Drain the Sap of Life

3 - Graha Inability to let go; habit of thinking and talking about the same thing again and again; habit of worrying so strong that the person unconsciously looks for things about which to worry; the habit of worrying strong enough to be a defining characteristic of one's personality.

4 - Unmada Insanity; the impulse of kama and krodha so deep and so intense and flowing from inside so unconsciously and uncontrollably that the person has no control over his/her tongue and begins to see the content of one's mind in the outside world.

5 - Shakini Tendencies which force us to embrace hypocrisy; the force behind double-standards; unconscious impulse to wear more than one mask; two-faced; deceitful tendencies to hurt and harm others and to fulfill one's selfish motive.

6 - Yogini Presiding forces of chakras in the human body that have gone haywire.

7 - Bhagini Distortion and imbalance in the energy field of our body and senses which primarily have evolved from the higher reality of Brahmi, Kaumari, etc.

8 - Rudra Mata Distortion and imbalance in the different manifestations of pranic shakti such as Brahmi, Kaumari, etc.

9 - Davi Distortion and imbalance in the power of intellect and discernment which otherwise help one unravel subtle, even forbidden, sciences and practices.



## 14 Conditions That Drain the Sap of Life

10 - Damari Distortion and imbalance in the self-revealing field of intelligence which otherwise helps one receive the revelation of mantras allowing the mind to become absorbed in revealed knowledge.

11 - Rupika Deep-rooted afflicting tendencies which prompt us to engage in mental, verbal, and physical violence.

12 - Apasmara Uncontrolled mental outburst so intense that the brain and nervous system's response to it far exceeds one's physical capacity

13 - Pishacha Suicidal tendencies

14 - Brahma-rakshograha Karmic impressions originating from acting against one's conscience so powerful that the person fails to forgive oneself, remains remorseful, and wanders restlessly even after death; being caught in such unforgiving regretful samskara is defined as Brahma-rakshograha—possessed by a demon that arises from the remains of one's own conscience.